

OUR VOICES OUR STORIES

DID YOU KNOW?

- In June 2022, the first Patient Journey Conference was held.
- This unique event shared patients' and patient-advocates' stories of navigating navigating life with a wound within Canada's health-care systems.
- Together, patients, care partners, health and social service providers, clinicians, educators and community leaders, students and researchers explored ways to improve wound care for all Canadians.

WHAT DID WE LEARN FROM LISTENING?

While each person's story about their health-care journey was different, each person wanted to be...



HEARD



SEEN



SUPPORTED



CONNECTED



AS A PATIENT OR CARE PARTNER, WHAT CAN YOU DO?



PREPARE FOR APPOINTMENTS

by writing down questions or any concerns you have.



TELL YOUR STORY

by describing how your condition has affected your life and daily routine.



RECOGNIZE YOUR ROLE

as an essential member of your health-care team.



EXPRESS YOUR NEEDS & HEALTH-CARE GOALS

and talk about the supports you'd need to have in place to help you.



KEEP ASKING QUESTIONS

if there's something you don't understand or want to happen differently.

WANT TO KNOW MORE?

Visit www.woundscanada.ca/patient-or-caregiver/patient-stories for more information.



Source: Costa I, Levine D. Our Voices, Our Stories: A Patient Journey Initiative. Wound Care Canada. 2022;20(3):31-2