QRG Quick Reference Guide

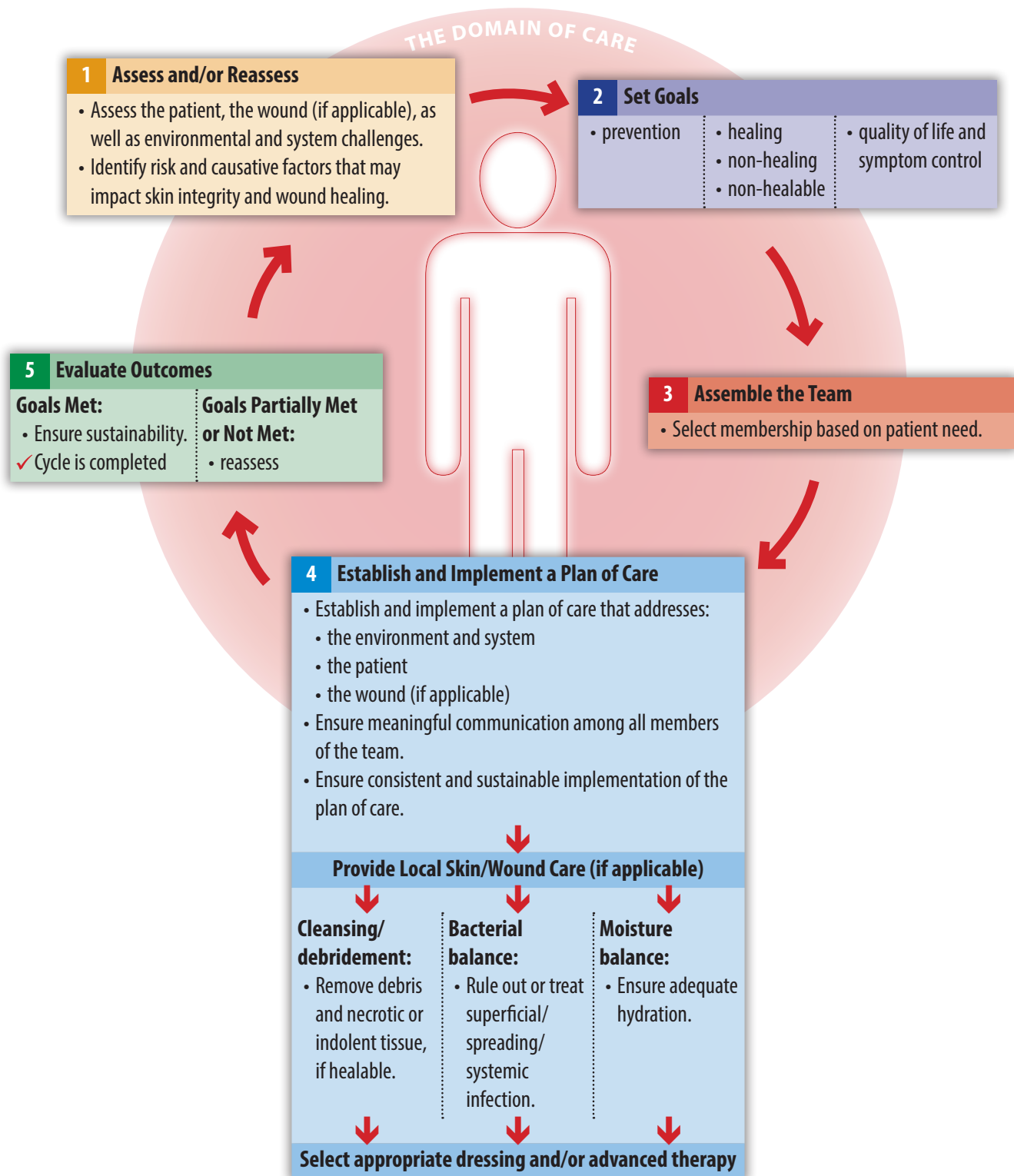## Wound Prevention and Management Cycle

Assess/Reassess ▸ Set Goals ▸ Assemble Team ▸ Establish and Implement ▸ Evaluate

THE DOMAIN OF CARE

1 Assess and/or Reassess
- Assess the patient, the wound (if applicable), as well as environmental and system challenges.
- Identify risk and causative factors that may impact skin integrity and wound healing.

2 Set Goals

| • prevention | • healing
• non-healing
• non-healable | • quality of life and symptom control |

3 Assemble the Team
- Select membership based on patient need.

5 Evaluate Outcomes

| **Goals Met:** | **Goals Partially Met or Not Met:** |
| • Ensure sustainability.
✓ Cycle is completed | • reassess |

4 Establish and Implement a Plan of Care
- Establish and implement a plan of care that addresses:
  - the environment and system
  - the patient
  - the wound (if applicable)
- Ensure meaningful communication among all members of the team.
- Ensure consistent and sustainable implementation of the plan of care.

Provide Local Skin/Wound Care (if applicable)

Cleansing/ debridement:
- Remove debris and necrotic or indolent tissue, if healable.

Bacterial balance:
- Rule out or treat superficial/ spreading/ systemic infection.

Moisture balance:
- Ensure adequate hydration.

Select appropriate dressing and/or advanced therapy

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Recommendations associated with the five steps in the Wound Prevention and Management Cycle

Step		Recommendation*

1	**Assess and/or Reassess**	1.1 Select and use validated patient assessment tools.
		 1.2 Identify risk and causative factors that may impact skin integrity and wound healing.
		     1.2.1 Patient: Physical, emotional and lifestyle
		     1.2.2 Environmental: Socio-economic, care setting, potential for self-management
		     1.2.3 Systems: Health-care support and communication
		 1.3 Complete a wound assessment, if applicable.

2	**Set Goals**	2.1 Set goals for prevention, healing, non-healing and non-healable wounds.
		     2.1.1 Identify goals based on prevention or healability of wounds.
		     2.1.2 Identify quality-of-life and symptom-control goals.

3	**Assemble the Team**	3.1 Identify appropriate health-care professionals and service providers. 3.2 Enlist the patient and their family and caregivers as part of the team. 3.3 Ensure organizational and system support.

4	**Establish and Implement a Plan of Care**	4.1 Identify and implement an evidence-informed plan to correct the causes or co-factors that affect skin integrity, including patient needs (physical, emotional and social), the wound (if applicable) and environmental/system challenges.
		 4.2 Optimize the local wound environment aided through
		     4.2.1 Cleansing
		     4.2.2 Debriding
		     4.2.3 Managing bacterial balance
		     4.2.4 Managing moisture balance
		 4.3 Select the appropriate dressings and/or advanced therapy.
		 4.4 Engage the team to ensure consistent implementation of the plan of care.

5	**Evaluate Outcomes**	5.1 Determine if the outcomes have met the goals of care. 5.2 Reassess patient, wound, environment and system if goals partially met or unmet. 5.3 Ensure sustainability to support prevention and reduce risk of recurrence.

* Each recommendation is supported by the levels of evidence in various guidelines as identified in each Best Practice Recommendation (BPR).