

Resources

Wounds Canada is your partner in limb preservation. Here is a list of resources that can support you in clinical practice.

Wounds Canada Resources

Best Practice Recommendations Related to the Diabetic Foot:

Orsted HL, Keast DH, Forest-Lalande L, Kuhnke JL, O'Sullivan-Drombolis D, Jin S, et al. Best practice recommendations for the prevention and management of wounds. In: Foundations of Best Practice for Skin and Wound Management. A supplement of Wound

Care Canada. 2017. Available from: www.woundscanada.ca/docman/public/health-care-professional/bpr-workshop/165-wc-bpr-prevention-and-management-of-wounds/file.

Botros M, Kuhnke J, Embil J, Goettl K, Morin C, Parsons L, et al. Best practice recommendations for the prevention and management of diabetic foot ulcers. In: Foundations of Best Practice for Skin and Wound Management. A supplement of Wound Care Canada. 2017. Available from: www.woundscanada.ca/docman/public/health-care-professional/bpr-workshop/895-wc-bpr-prevention-and-management-of-diabetic-foot-ulcers-1573r1e-final/file.

View the complete collection [here](#).

Tools

Inlow's 60-Second Diabetic Foot Screen: www.woundscanada.ca/docman/public/health-care-professional/162-60-second-foot-screen-2011/file.

Additional BPR Resources: www.woundscanada.ca/health-care-professional/resources-health-care-pros/wcc-magazine/28-publications/wound-care-canada/200-library-2.

Pathway for Preventing and Managing Diabetic Foot Complications: see page 57.

Wound Care Canada Articles:

Botros M, Kuhnke JL, Dunbar P, Smith CA. Preventing amputation in cases of diabetic distress: A case study. Wound Care Canada. 2019;17(2):23–26. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2019-vol-17-no-2/1475-diabetes-case-study/file.



Evans R, Botros M. Charcot foot: An Overview. Wound Care Canada. 2019;17(1):42–46. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/wcc-2019-v17-no1/1409-wcc-spring-2019-v17n1-final-p-42-48-charcot-foot-pdf/file.

Orsted HL, Botros M. Inlow's 60-Second Diabetic Foot Screen gets a new look! Wound Care Canada. 2018;16(1):26–28. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2018-16-no1/1266-wcc-summer-2018-v16n1-final-p-26-29-inlow-tool/file.

Botros M, Grinspun D, Thambirajah A, Harley C, Rosenthal S. A journey of a thousand steps to #ActAgainst amputation. Wound Care Canada. 2017;15(3):12–14. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2017-vol15-no3/1012-wcc-winter-2017-v15n3-final-p-12-17-thousand-steps/file.

Kuhnke JL, Meyer RS. Patient perspective: Empowerment, and living with a diabetic foot ulcer. Wound Care Canada. 2017;15(3):38–40. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2017-vol15-no3/1025-wcc-winter-2017-v15n3-final-p-38-41-patient-perspective/file.

Botros M, Kuhnke JL, Jahnke D. The diabetic foot triad as a catalyst for behaviour change. Wound Care Canada. 2017;15(2):16–22. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2017-vol15-no2/919-wcc-fall-2017-v15n2-final-p-16-23-dft/file.

Woodbury MG. Foot complications: Risking limbs, wasting money. Wound Care Canada. 2016;14(3):8–14. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2016-14-no3/122-foot-complications-risking-limbs-wasting-money/file.

Working for change: The CAWC's advocacy campaign for the prevention of diabetic foot complications. Wound Care Canada. 2016;14(1):15–19. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2016-14-no1/89-working-for-change-the-cawc-s-advocacy-campaign-for-the-prevention-of-diabetic-foot-complications/file.

Alavi A, Archibald G, Botros M, Brassard A, Coutts PA, Cross K, et al. An Overview of Advanced Therapies in the Management of Diabetic Neuropathic Foot Ulcers. A Supplement of Wound Care Canada and Diabetic Foot Canada. 2015. Available from: www.woundscanada.ca/docman/public/69-bpr-dfu-advanced-healing-supplement-final-320e/file.

Kuhnke JL, Peersada S, Farrell K, MacDonald K. Perspectives from a peer leader and regional self-management program leaders: PEP Talk: Diabetes, Healthy Feet and You in action. Wound Care Canada. 2015;13(1):12–16. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2015-vol-13-no-1/535-wcc-spring-2015-v13n1-pep-talk/file.

Springer A. Diabetes and the importance of HCPs. Wound Care Canada. 2014;12(2):32. Available from: <https://www.woundscanada.ca/docman/public/wound-care-canada-magazine/2014-vol-12-no-2/517-wcc-summer-2014-v12n2-diabetes/file>.

Botros M, Kuhnke J, Evans R, Fusek B. Workshop aims to reduce amputation rates in northern Ontario. Wound Care Canada. 2014;12(1):12–13. Available from: www.woundscanada.ca/docman/public/wound-care-canada-magazine/2014-vol-12-no-1/508-wcc-spring-2014-v12n1-reduce-amputation-rates/file.

View the complete archive [here](#).

Diabetic Foot Canada e-Journal Articles:

Baker N, Osman IS. The principles and practicalities of offloading diabetic foot ulcers. Diabetic Foot Canada. 2017;5(1):28–34. Available from: www.diabeticfootcanadajournal.ca/download/content/5031.

Costa IG. Investing in prevention: Funding foot care specialists and offloading devices. Diabetic Foot Canada. 2016;4(1):12–14. Available from: www.diabeticfootcanadajournal.ca/download/content/4583.

Kuhnke JL, Grinspun D, Elliot J, Archibald G, Botros M. A call to action: Reducing foot problems in people with diabetes. Diabetic Foot Canada. 2015;3(2):15–19. Available from: www.diabeticfootcanadajournal.ca/download/content/4232.

View the complete archive [here](#).

Other Resources

Canadian Diabetes Association 2018 Clinical Practice Guidelines for the Prevention and Management of Diabetes in Canada: <http://guidelines.diabetes.ca/cpg>.

2012 Infectious Diseases Society of America Clinical Practice Guideline for the Diagnosis and Treatment of Diabetic Foot Infections: <http://content.guidelinecentral.com/guideline/get/pdf/3752>.

A Quick Reference Guide for Lower-extremity Wounds: Venous, Arterial and Neuropathic: http://c.ym-cdn.com/sites/www.wocn.org/resource/resmgr/Publications/A_Quick_Reference_Guide_for_.pdfn.

International Working Group on the Diabetic Foot: www.d-foot.org/d-foot/.

The Management of Diabetic Foot: A Clinical Practice Guideline by the Society for Vascular Surgery in Collaboration with the American Podiatric Medical Association and the Society for Vascular Medicine: [www.jvascsurg.org/article/S0741-5214\(15\)02025-X/abstract](http://www.jvascsurg.org/article/S0741-5214(15)02025-X/abstract).

NICE Guidelines — Diabetic foot problems: Prevention and Management: www.nice.org.uk/guidance/ng19.

Registered Nurses' Association of Ontario: Assessment and Management of Foot Ulcers for People with Diabetes, Second Edition: <http://rnao.ca/bpg/guidelines/assessment-and-management-foot-ulcers-people-diabetes-second-edition>.

Wounds International Best Practice Recommendations: www.woundsinternational.com/media/best-practices/_/673/files/dfubestpracticeforweb.pdf.

Go to www.woundscanada.ca to access the many resources available for free!

Podiatrists: Your Partners in Health Care

An estimated 11 million Canadians currently live with diabetes or prediabetes.

According to the Canadian Diabetes Association, it is “the leading cause of non-traumatic lower limb amputation in Canadian adults, accounting for approximately 70% of amputations performed in hospital.”



"Compared to the general population, Canadian adults with diabetes are over 20 times more likely to undergo non-traumatic lower limb amputations, 85% of which are preceded by a foot ulcer."

Canadian Diabetes Association
<https://www.diabetes.ca/advocacy---policies/our-policy-positions/amputation-prevention>



"After an amputation, the chance of another amputation within three to five years is as high as 50 percent. Following a major amputation in diabetes, only around half of patients survive for more than two years."

College of Podiatry (U.K.)
<https://cop.org.uk/news/our-response-to-public-health-england-figures-on-lower-limb-amputation/>



"Five-year survival rates following lower limb amputation are lower than for breast cancer and prostate cancer. Following a major amputation in diabetes, only around half of patients survive for more than two years."

American Podiatric Medical Association
<https://www.apma.org/Patients/FootHealth.cfm?ItemNumber=980>

An interprofessional team approach to diabetic care is the only way to reduce the human and fiscal toll of diabetes. Treating diabetes is expected to cost Canadians almost \$30 billion this year, and result in thousands of lost limbs.

Podiatrists bring a wide range of competencies to foot care as the professionals with the widest scope of practice, providing a full range of foot care and surgery on and below the surface of the foot and ankle. We can assess, diagnose, and treat foot ailments, and you can find podiatrists operating at both primary care and surgical levels.

Podiatrists are a cornerstone in the interprofessional team approach to limb preservation across Canada.

Visit www.podiatrycanada.org/partners-in-health-care/ for more information and to find a partner in diabetic limb preservation.



"The facts tell the story. The costs tell part of the impact of diabetes. The loss of limbs and life captures the horrendous human price paid by those living with diabetes, but what's missing is the tragedy of not including trained podiatrists to perform to their full scope of practice to play a much-needed frontline role in the prevention of diabetic limb loss."

James Hill, D.P.M., President of the CPMA.



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