



Wounds Canada Publishes New Edition of *Best Practice Recommendations for Skin Health and Wound Management 2025* Book

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Wounds Canada has published an updated edition of its free digital book *Best Practice Recommendations for Skin Health and Wound Management 2025*.

Downloaded more than a million times since their inception 25 years ago, the various editions of Wounds Canada's best practice recommendations have been the cornerstone of skin health, wound prevention and management in Canada, providing health-care providers and health decision-makers with the latest evidence in a reader-friendly format that helps move wound-related knowledge into practice.

Chapters include best practice recommendations for skin, prevention and management with an emphasis on nutrition and wound healing, moisture-associated skin damage, skin tears, pressure injuries, burns, surgical wound complications, arterial ulcers, diabetic foot complications, venous leg ulcers and lymphedema.

The current edition contains new information, has an increased focus on prevention and provides live links to other essential resources and practice tools.

Other features of the book include:

- An overview of the structures and physiology of skin and the process of skin healing
- Chapter 4 prevention and management, new Appendix focused on nutrition and wound healing
- Recommendations based on the latest evidence and international best practice guidelines for common wound types
- Detailed explanations on how to implement the recommendations into practice



- Information on how to identify specific wound types, who's most at risk and factors that affect healing
- Newly developed chapter focused on lymphedema and lower limb skin health and corresponding wounds
- The use of the Wound Prevention and Management Cycle to organize the information and provide clinical pathways for clinicians and health decision-makers by providing step-by-step processes they can incorporate into practice for improved outcomes
- Chapters that can be downloaded individually for ease-of-use as PDFs.

Throughout, the content emphasizes holistic patient assessment, promotion of skin health and specific screening to identify persons at risk and high-risk individuals and prevent the development of wounds or wound complications through early, effective interventions based on the assessments.

Helpful self-management strategies for patients and care partners are discussed and recommended as a magnifier for health-care provider wound prevention and management interventions, leading to better, sustained care and, ultimately, outcomes.

The book supports the Quintuple Aim framework, in which patient experience is enhanced, costs are reduced, population health is improved, the care-team experience is improved and equity in health care is available to all.

Wounds Canada congratulates, and wholeheartedly thanks, all the experts who participated, and provided their crucial professional insight, in order to make another edition of this book possible. We commend you for helping Wounds Canada on its mission, creating a culture of wound care excellence for all Canadians.



To see the BPRs: <https://www.woundscanada.ca/bpr>

Contact Larry Sawyer, media relations, Wounds Canada, at larry.sawyer@woundscanada.ca to speak with Wounds Canada CEO Mariam Botros today.

About Wounds Canada

Celebrating its 30th anniversary in 2025, Wounds Canada is the country's leading health charity dedicated to advancing skin health and excellence in wound management. Our mission is to build a healthier Canada by improving the quality, safety and equity of care for all Canadians. Wounds Canada equips health-care professionals, policymakers and the public with education, tools and resources to promote skin health and make wound care more effective, safer and more equitable. We bring together leading experts to enable knowledge sharing, peer learning and collaborative innovation. Through consultation, we advise health systems and care facilities of all sizes to improve care delivery, optimize outcomes and drive change at scale.