

Do you have PEP?



Wounds Canada can deliver

PEP Talk: Diabetes, Healthy Feet and You to your region

Wounds Canada's popular and effective peer education program (PEP), called PEP Talk, is an innovative workshop program, whose development was funded by the Public Health Agency of Canada, for persons with diabetes. Held in communities across the country, the workshops are conducted by a trained peer leader (a person with diabetes) partnered with a diabetes health-care professional.

The program has demonstrated the effectiveness of peer educators, who work in partnership with the diabetes health-care community and empower people living with diabetes to adopt self-management behaviours that can help them prevent foot complications by increasing their knowledge of risk factors and linking them to resources in their communities.

For more information on the PEP Talk program, please visit <http://diabetespeptalk.ca/en/diabetes>.

Get PEP!

To get a PEP Talk training session in your region, please email info@woundscanada.ca.