

WCI Spotlight

Best Practice Approach to Skin Health and Wound Management: Knowledge and Skills (A100NWS)

The Best Practice Approach to Skin Health and Wound Management: Knowledge and Skills program is one of the most popular of all Wounds Canada Institute (WCI) offerings. It consists of one full-day, on-site skills lab followed sometime later by one interactive webinar that allow students to learn, practise and implement new knowledge and skills about best practices relevant to wound assessment and local wound care.

During the skills lab component, under the guidance of expert faculty, students review and practise the practical skills involved in the assessment of wounds using images and validated tools, wound cleans-

ing, conservative sharp wound debridement, identification of anatomic skin and tissue structures using a pig's foot, and the use of tools to differentiate between local, spreading and systemic wound infection. As well, students conduct a dressing discovery exercise where they categorize supplied dressings and learn about their form and function. The skills lab wraps up with a series of case studies in which students are provided wound images and histories and are asked to describe their approach to the assessment and

management of the patient and wound in question.

Following the skills lab, students are expected to seek out mentorship opportunities in their workplaces to hone their

What Programs Are Right for You?

To find out more about the Best Practice Approach to Skin Health and Wound Management: Knowledge and Skills program and other WCI programs, visit the WCI website at www.woundscanadainstitute.ca.





skills and attain proficiency.

Clarissa from Toronto, ON, wrote that after taking this program, she had, "... improved critical thinking skills in terms of healing for wounds."

A wrap-up webinar, held sometime after the skills lab is completed, invites students to discuss with faculty the challenges

they faced and strategies they used in implementing the acquired knowledge and skills in their everyday practice, and, for some, at an organizational level. On how she would change her practice after completing this program, Megan from Winnipeg, MB, wrote that she would "reinforce the idea of using a

validated assessment tool [and would] ensure [that she] is using a multidisciplinary approach to wound care."

Brenda from London, ON, when asked what advice she would give to another health-care professional considering taking this program, wrote, "Take it—everything was great." 🇨🇦

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- Exclusive access to members-only section of the website (coming soon) and quarterly newsletters
- Discounts on our **professional education programs**; for example, save on registration for our spring and fall conferences
- Access to our organizational updates that outline how your membership supports our mission
- The opportunity to become involved as a regional representative and/or board member
- Networking opportunities with other regional, national and international health professionals
- Discounts on wound care tools and resources sold in our **eBoutique**

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